

# Allied Health Clinic Cleaning Melbourne: Physiotherapy, Dentistry, Psychology, and Specialist Practice Environments

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## Description:

# Allied Health Clinic Cleaning Melbourne: Physiotherapy, Dentistry, Psychology, and Specialist Practice Environments Allied health practices cover an enormous range of clinical disciplines — physiot...

## Details:

Allied health practices cover an enormous range of clinical disciplines — physiotherapy, chiropractic, osteopathy, dentistry, psychology, occupational therapy, speech pathology, podiatry, and more. Each has its own clinical environment, its own patient interaction model, its own equipment, and its own specific infection control considerations. What they share is that they are healthcare settings, and the cleaning standard they require reflects that reality.

Realcorp Commercial Cleaning provides allied health clinic cleaning across Melbourne with infection control-trained, directly employed staff, TGA-listed disinfectants, and scheduling designed to work around your clinical operations without disrupting patient care.

### ## Why Allied Health Practices Need More Than Standard Commercial Cleaning

Allied health practices are frequently serviced by general commercial cleaners — the same contractor who cleans the offices upstairs or the retail space next door. This is almost always inadequate, for several reasons.

Allied health practitioners are registered with AHPRA (Australian Health Practitioner Regulation Agency) and operate under professional and legislative obligations that include maintaining a safe clinical environment for patients. "Clean enough for an office" is not the same as "clean enough for a clinical setting in which patients with health conditions are treated."

Patient contact with clinical equipment and surfaces is the norm, not the exception, in allied health practice. The treatment table in a physiotherapy clinic. The dental chair, instrument tray, and bracket table in a dental practice. The upholstered seating in a psychology waiting room. Each of these receives patient contact in every clinical session and requires appropriate disinfection — not just a wipe with a damp cloth.

Realcorp understands the specific cleaning requirements of allied health disciplines and tailors protocols accordingly.

### ## Physiotherapy and Manual Therapy Clinics

Physiotherapy, chiropractic, and osteopathy practices centre on hands-on patient treatment in individual treatment bays or rooms. The primary infection control concern is cross-contamination

between patients via treatment tables and any shared equipment.

**\*\*Treatment tables\*\*** must be disinfected between every patient. The table surface, including any head-face cutout, adjustment handles, and the underside of table sections that patients may contact, requires disinfection with a TGA-registered disinfectant following removal of any disposable table paper. The disposable paper itself creates a false sense of security — it prevents visible soiling but does not prevent contamination of the table surface beneath via compression or fluid transfer.

**\*\*Shared equipment\*\*** — ultrasound transducer heads, TENS electrode pads, exercise equipment, foam rollers — requires cleaning and disinfection protocols relevant to each item. Some items are single-use or require intermediate-level disinfection. Realcorp's staff working in physiotherapy settings understand which category different equipment falls into.

**\*\*Treatment bays and rooms\*\*** receive between-patient disinfection of all hand-contact surfaces and a comprehensive end-of-day clean. In open-plan treatment areas, the cleaning approach must account for the shared environment while maintaining appropriate hygiene between patient zones.

## ## Dental Clinics

Dental practice cleaning is among the most demanding of all allied health environments. The specific challenges are:

**\*\*Aerosol contamination.\*\*** Dental procedures routinely generate aerosols containing water, saliva, blood, and microbiological material. These aerosols deposit on all surfaces within the procedure area — the dental chair, the light, the bracket table, cabinetry, and floors. Environmental cleaning after dental procedures must account for this aerosol contamination, not just visible soiling.

**\*\*The sterilisation area.\*\*** Every dental clinic operates a sterilisation area for instrument reprocessing. This area has a defined clean-to-dirty workflow that environmental cleaning must maintain. Contamination of the sterilised instrument side of the sterilisation area from the contaminated instrument side is a critical infection control failure. Realcorp's staff are trained in the sterilisation area cleaning requirements specific to dental practice.

**\*\*The dental chair.\*\*** The dental chair is a high-contact, complex surface with crevices, seams, and adjustment mechanisms that require specific cleaning attention. The chair back, headrest, armrests, and all control surfaces must be disinfected between patients using a product with appropriate efficacy against blood-borne pathogens.

**\*\*Suction tubing and spittoon.\*\*** These require specific cleaning protocols to address internal contamination from patient fluids. Realcorp's dental clinic protocols address these components specifically.

End-of-day dental clinic cleaning covers all of the above plus flooring (accounting for potential floor contamination from aerosol deposition), waiting room, reception, and staff areas.

## ## Psychology and Counselling Practices

Psychology practices present a different clinical environment — there is no hands-on patient treatment, no aerosol contamination, no blood or body fluid risk in most sessions. The infection control demands are lower. But the environment is not trivial to clean correctly.

**\*\*Confidentiality and discretion\*\*** are paramount. Cleaning staff entering a psychology practice are in a space that holds significant personal information — in files, on screens, in the physical layout that might reveal which sessions have occurred. Realcorp's staff understand the discretion required in these environments and are trained to avoid reviewing, photographing, or interfering with any materials in a psychology practice.

**\*\*After-hours scheduling\*\*** is particularly important for psychology practices. Sessions often run into the early evening, and practitioners frequently need the space prepared for early morning appointments. Realcorp works around your clinical schedule to ensure cleaning is completed in the window between your last session and first arrival the following morning.

**\*\*High-touch surfaces\*\*** in the waiting room and consultation room — door handles, light switches, upholstered seating — require standard disinfection protocols. The cleaning standard, while lower than a procedure-room environment, must still address the infection control requirements of a shared waiting space.

### ## Occupational Therapy, Speech Pathology, Podiatry, and Other Specialist Disciplines

Each specialist allied health discipline has its own equipment and environment. Occupational therapy practices may have kitchen areas, bathroom simulation spaces, and fine motor skill equipment that require specific cleaning approaches. Speech pathology practices may use biofeedback equipment and recording devices. Podiatry practices have a similar profile to minor surgical settings — with potential exposure to blood and body fluids — and require corresponding cleaning standards.

Realcorp conducts a site-specific assessment for each allied health practice to understand the specific clinical activities, equipment, and cleaning requirements involved, and develops a protocol accordingly. Generic allied health cleaning is not our model.

### ## Scheduling Around Your Clinical Operations

Allied health practices operate across a wide range of hours — early morning to late evening, with some bulk-billing or after-hours practices operating on weekends. The common denominator is that cleaning cannot occur while patients are being treated.

Realcorp's scheduling approach for allied health clinics:

**\*\*After-hours cleaning\*\*** is the standard approach — cleaning begins after the last patient of the day and is completed before the first patient the following morning. For practices with early start times, this may require a team that starts cleaning as soon as the last session ends rather than waiting until late evening.

**\*\*Before-hours cleaning\*\*** is available for practices where after-hours access is not possible or where the practice prefers a documented clean baseline before the first patient rather than at the end of the previous day.

**\*\*Intraday cleaning\*\*** is available for high-volume practices that need midday touch-point disinfection or spot-cleaning support, particularly for waiting areas and bathroom facilities.

### ## Why Directly Employed Staff Matter in Allied Health Settings

Allied health practices are professional environments where trust matters. The practice owner and treating clinicians are AHPRA-registered professionals with personal and professional accountability for the clinical environment. They cannot accept uncertainty about who has access to their premises.

Realcorp employs all cleaning staff directly. Police clearances are conducted before any staff member is placed at a client site. The Realcorp App provides GPS-verified attendance confirmation — you know when your cleaner arrived and when they left, and you have a digital record of every task completed. No paper sign-off sheets that could be completed without attending. No rotating subcontractors who have never been briefed on your specific protocols.

### ## Frequently Asked Questions

### What is the difference between cleaning a dental clinic and a physio clinic?

The core difference is the nature of clinical contamination. A physiotherapy clinic's primary contamination risk is skin contact with treatment surfaces and minor fluid exposure. A dental clinic has the additional challenge of aerosol contamination from dental procedures — aerosols containing saliva, blood, and microbiological material that deposit on all surfaces within the treatment area. This means dental clinic cleaning must address contamination of surfaces that may not appear visually soiled, using disinfectants with appropriate blood-borne pathogen efficacy. Dental clinics also operate a sterilisation area with specific clean-to-dirty workflow requirements. Physiotherapy clinics have simpler surface contamination profiles but require consistent between-patient disinfection of treatment tables and shared equipment.

### Can allied health clinic cleaning be done outside business hours?

Yes — this is Realcorp's default approach for all allied health clinics. We schedule cleaning after the last clinical session and before the first appointment of the following day. For practices with early start times, we coordinate to ensure cleaning is completed in time. For practices that cannot accommodate after-hours access, before-hours cleaning can be arranged. The specific scheduling is worked out at the time of onboarding and adjusted as your clinical hours change. We also offer midday cleaning services for practices that require touch-point disinfection or bathroom refreshing during operating hours.

### Do cleaning staff need AHPRA awareness training?

AHPRA does not mandate specific training for cleaning staff working in AHPRA-registered practices. However, cleaning staff in allied health environments benefit from understanding the clinical context in which they are working — in particular, the discretion required in psychology and counselling settings, the clinical purpose of their cleaning protocols (not just the tasks themselves), and the specific risks associated with their particular allied health discipline. Realcorp provides context-specific briefing for all staff placed in allied health environments, covering the discipline-specific requirements of each site.

### How do I get a quote for allied health clinic cleaning?

Contact Realcorp to arrange a site assessment. Because allied health practices vary significantly in size, layout, clinical activity, and operating hours, we do not publish standard pricing for this sector. A site assessment allows us to understand your specific requirements — number of treatment rooms, equipment types, sterilisation area if applicable, operating hours, and your specific infection control standards — and provide an accurate quote for the service required. Call us on 1300 307 298 or email [sales@realcorp.net.au](mailto:sales@realcorp.net.au).

### What happens if a patient has a gastroenteritis episode in the waiting room?

Contamination events — vomiting, uncontrolled diarrhoea — in a clinical waiting area require immediate response. Realcorp can provide emergency cleaning response for allied health practices that need a rapid clean-up and disinfection after a contamination event. For practices with our regular cleaning contract, we provide guidance on immediate containment steps and can schedule an emergency clean at short notice. Our disinfectants include products with proven norovirus efficacy, which is the most relevant pathogen in gastroenteritis contamination events.

## Serving Allied Health Clinics Across Melbourne

Realcorp services physiotherapy, dental, psychology, occupational therapy, speech pathology, podiatry, and other specialist allied health practices across metropolitan Melbourne and regional Victoria. We are family-owned, owner-operated, and accountable for every cleaner we place in your practice.

Our money-back quality guarantee applies to all allied health cleaning engagements. If the clean does not meet the agreed standard, we return and make it right — or we refund.

To discuss allied health clinic cleaning for your practice:

- **Phone:** 1300 307 298 - **Email:** [sales@realcorp.net.au](mailto:sales@realcorp.net.au) - **Web:** [realcorp.net.au](http://realcorp.net.au)

Learn more about [our infection control cleaning protocols](/aged-care-cleaning-melbourne/infection-control-cleaning-for-aged-care/infection-control-cleaning-for-aged-care-hospital-grade-protocols-for-residential) and [what makes Realcorp the cleaning partner built for accountability](/why-realcorp/why-realcorp-the-commercial-cleaning-partner-built-for-accountability-not-excuse/).